

Personal Development



Issue 6 Summer Term, June 2023



Dear Parents and Carers,

Welcome to the final edition of our Personal Development Newsletter for the academic year 2022-2023. Our Summer term has had focus weeks on Mental Health and Diversity. We hope you will find the following information useful and we would welcome any feedback or queries.

Our aim continues to be, to share with you and give you an insight into the Personal Development curriculum and opportunities we offer at Edgbarrow, including PSHE, Character Education, citizenship and Social, Moral, Spiritual & Cultural (SMSC) education, including assembly themes and the PSHE curriculum. This will give you awareness of what your children are learning, but also enables you to have important conversations with your child on pertinent and emerging topics, as they progress through the year.

Please visit the [Personal Development area](#) on our website for further information.

For feedback or queries please email: pshe@edgbarrowschool.co.uk or louise.rea-palmer@edgbarrowschool.co.uk

Louise Rea-Palmer, Assistant Headteacher & Designated Safeguarding Lead

Diversity & Inclusion Week, 19th-23rd June

We have been celebrating our Diversity week with assemblies focusing on being proud of yourself and creating an atmosphere of kindness where all people in the community feel comfortable to be proud. Students have made flags in tutor times representing their heritage and identity, supporting rainbow-themed non-uniform day and our first Edgbarrow Culture and Heritage celebration. We really hope this is going to grow each year and hope in the future to invite families and community members to join us in these celebrations. This year we enjoyed food, drink and music shared from our communities. It was wonderful to see our students trying foods from all over the world, which had been brought in by our student leaders and staff. Our Student Council and Leadership Team organised a fantastic event, enjoyed by all. Please ask your young people about it.



PSHE this term

This term in PSHE students in Years 7-10 have been looking at the topic of relationships, while Year 11 have been focusing on revision as they prepare for their exams. Below you will see the topics covered by each year group this term:

PSHE curriculum intent: To educate, inform and equip pupils with the knowledge needed to become conscientious, independent and accountable young adults, who are able to make well informed decisions.

Year 7	Year 8	Year 9	Year 10
Relationships	Relationships	Relationships	Relationships
Puberty	Image representation in the media	Relationships	Ending relationships Manosphere
Different types of relationships	Stereotypes	Consent	Rape and consent
Accepting others (LGBT)	More than friends	Contraception	Types of abuse
Bullying	Consent - tutor activity on nude image sharing	Child exploitation and online protection	Sex and the media
Our families	Child sexual exploitation	Female genital mutilation	Contraception

You will find the link to the full PSHE Scheme Of Work and the RSE policy on the [Personal Development page](#) on our website, which includes all the relationships, health and wellbeing topics that will be covered in school.

We really value parental feedback so please do email pshe@edgbarrowschool.co.uk if you have any comments or questions.

Emily Price, PSHE Lead

Character Education

Summer term has focused on resilience, respect, honesty and generosity. These are key values that have been highlighted during Diversity week. Each tutor group and Head of Year will name a half term character star based on each half term's development. Congratulations to all the students over the academic year who have been awarded a character value certificate.

Please visit the [Personal Development area](#) of our website to find out more about Character Education.

Louise Rea-Palmer, Assistant Headteacher & Designated Safeguarding Lead

Summer 1

- Respect**
"Showing due regard for the feelings wishes, or rights of others."
- Resilience**
"The capacity to recover quickly from difficulties, learn from them and move-on."

Summer 2

- Honesty**
"The ability to be open, truthful and trustworthy and living by your values."
- Generosity**
"The quality of being kind, generous and sharing what you have."

Assembly Rota - Summer Term

Our assemblies cover relevant topics to help prepare and develop our students into confident, informed and involved citizens. They are used to support and consolidate our teaching of PSHE. Please see the table below for this term's assembly themes:

Week Beginning	Assembly Theme	National awareness days, religious festivals and events	Additional Assemblies & Activities	Character Value
17th April	Earth Day	Earth Day	Character Values Survey	Respect & Resilience
24th April	Coping with Trauma and Stress		Character Values Survey	Respect & Resilience
2nd May	Governance and International Relations	World Press Freedom Day	World Press Freedom Day	Respect & Resilience
8th May	The Justice System			Respect & Resilience
15th May	International Day against Homophobia, Transphobia and Biphobia	International Day against Homophobia, Transphobia and Biphobia	Sexual Harassment	Respect & Resilience
22nd May	Gypsy, Roma & Traveller History Month	Gypsy, Roma & Traveller History Month		Respect & Resilience
HALF TERM				
5th June	The Constitution of the United Kingdom	Millicent Garrett Fawcett's Birthday	Character Values Survey	Honesty & Generosity
12th June	World Refugee Day	World Refugee Day 20/6	Character Values Survey	Honesty & Generosity
19th June	Diversity Week	Alan Turing's Birthday		Honesty & Generosity
26th June	Money & Budgeting			Honesty & Generosity
3rd July	The roles played by public institutions and voluntary groups			Honesty & Generosity
10th July	Hate Crime & PREVENT	Malala Yousafzai's Birthday		Honesty & Generosity

Year 10 Charity Cake Sale

On 25th May, we held the first day of the bake sale in the Year 7 and 8 area. We then sold the leftovers and newly brought in food on 26th May. The first day we raised £35.50, the second day we raised an extra £60.12. We raised a total amount of £95.62 for the COATS charity. In preparation, Isla (Year 10) and I planned and made a poster that was later displayed all over the new-build.



When selling the cakes, we first displayed them on a bench in the Year 7 and 8 area, but at lunch we took cups with a bit of change and some cakes and walked around selling cakes. We have enjoyed contributing and supporting our local communities.

Year 10 Charity Reps

Safeguarding

As part of ensuring our students are kept safe, we have continued with our safeguarding curriculum through assemblies and PSHE. This term students have covered mental health, coping with stress and PREVENT. We want students to feel confident in recognising risk situations and be able to report this to the appropriate body/person.

Opposite you will see an image that our students will be very familiar with. This is a snapshot of our safeguarding team and illustrates where students can go if they need someone to talk to.

Please visit the [Safeguarding section](#) of our website for further information.



Please encourage students to download our IMABI app. It has an online reporting function tool for students who want to disclose a safeguarding issue but feel unable to speak to a member of the Pastoral Team at that time. The app has informative guides on a range of topics such as mental health, social media and healthy relationships. For those students who have the app, a guide is highlighted to them weekly. We are really lucky to have this additional resource and would encourage students to download it. **Search imabi Inspire in app stores.**

Louise Rea-Palmer, Assistant Headteacher & Designated Safeguarding Lead

Water Safety

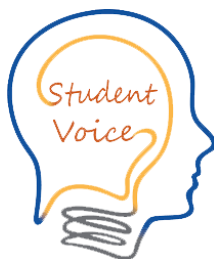
With the temperatures rising, a national and local current safeguarding concern is young people and water safety. In the UK, there were 277 deaths from accidental drowning in 2021 from inland and coastal locations. Forty percent of people who lost their lives had no intention of entering the water, with slips, trips and falls being the main cause of them entering the water. The Royal Berkshire Fire and Rescue Service are coming into visit the Year 7s for an assembly in the last weeks of term and they have asked us to share the following guidance:

[Royal Berkshire Fire and Rescue Service calls for people to 'Be Water Aware' as temperatures begin to rise](#)

[Water Safety](#)



Student Voice - reflections on school



Student Voice is captured on a different theme at the beginning of every half term. During the Spring term, students across the school gave their opinions on the following areas: Understanding how I learn, Quality of Education, Inclusion and Equal Opportunities, Safeguarding and the Environment. Over the Summer term, students have been asked about Behaviour, pride in our school, Personal Development and Wellbeing. Their voices and views will help inform us about how we can continue to support our students. Student's have been made aware of their views via a feedback presentation given by Mr Andrews. Below are some statistics which reflect their responses.

Behaviour

- 84% of students believe they are taught how to be kind at this school.
- 80% believe the school really takes care of them.

Pride in school

- 92% believe the school celebrates Inclusion and Diversity
- 88% believe being able or good at something is valued and celebrated.

Jack Andrews, Assistant Headteacher