

# PSHE & SMSC @ Edgbarrow

Issue 4

Dear Parents and Carers

Welcome to the Personal Social Health & Education (PSHE) newsletter from Edgbarrow School. We publish a termly news-letter with information about and Social, Moral, Spiritual & Cultural (SMSC) and the following term's PSHE curriculum. This will give you an insight into what your children are accessing, but also enables you to have important conversations with your child on pertinent and emerging topics, as they progress through the year.

We hope you will find the following information useful and we would welcome any feedback or queries.

Email: [pshe@edgbarrowschool.co.uk](mailto:pshe@edgbarrowschool.co.uk)

Kind regards,  
Mrs Price

## Parent/Carer Information Pamphlets

Below you will find links to our school Information Pamphlets, explaining key policies.

- ◆ [British Values](#)
- ◆ [Safeguarding](#)
- ◆ [Prevent Strategy](#)

## School Policies

Our Pastoral school policies referring to safeguarding, bullying, social media use and data protection can be found on the [school website](#). If you have any further questions about any policies please contact Mr Bibby, Assistant Headteacher.

## This term in PSHE:

- \* **Year 7, 8 and 9** will be focusing on the topic of 'Living in the wider world'.



- \* **Year 10** will be looking at Health and Wellbeing.

- \* **Year 11's** core theme for the term is Relationships.



These lessons will be covered by form tutors in the first instance and in some cases trained professionals from external agencies.

## Careers

Edgbarrow School delivers careers education, information, advice and guidance to all students from Years 7 -13. We also deliver a careers workshop to students in Year 6 of our primary feeder schools in the summer term just before they transfer onto secondary education. Our guidance is impartial and promotes the best interests of each individual student. The programme is delivered in a range of ways including whole year group assemblies, group workshops, 1-2-1's, one off events, PSHE lessons and online resources. We have a dedicated area on the school [website](#), which includes apprenticeship information; job/career opportunities, information relating to specific year groups and we have recently created a dedicated careers resources area to encourage more independent research. The Edgbarrow Careers Strategy, Careers Ladder and Programme are all available on our school website. These will provide you with an overview of our programme, as well as a detailed breakdown, and how we meet the Gatsby Benchmarks.



**Karen Robinson**  
**Careers Manager**

## Student Support

The Student Support department works alongside any student who may be experiencing social, emotional, behavioural or mental health difficulties.

We work in partnership with parents/carers to provide support for students to overcome barriers to learning. Support is offered with parent/carer and Head of Year agreement.

Targeted support is accessed through 1:1 mentoring, group work and behaviour improvement programmes. Referrals can also be made to external agencies for further support.

We are also able to offer counselling with two external counsellors.



## Mental Health

As you may have seen in the media Mental Health is a particular area of concern for students across the country. Due to this, we will have a particular focus on mental health across the year. We have reminded students that if they think they or someone else is struggling then they are able to access help in school. This can be done by talking to any member of staff, for example their form tutor or Head of Year and Student Support. There are also external agencies which are valuable in providing extra support:

Online charities and resources including:



## The Edgbarrow School Pastoral Team

### Heads of Year

Y7— Miss Y Kadodia  
 Y8— Mrs E McClatchie  
 Y9— Mr R Dangerfield  
 Y10— Mr Jackson  
 Y11— Mrs Cooper

### Deputy Heads of Year

Y7 – Miss E Pilgrim  
 Y8 – Mrs S Blake and Mrs J Crowe  
 Y9- Mrs J Madz  
 Y10 – Mrs E Price  
 Y11- Mr T Burrell and Mrs N Hartley

### Attendance Officer

Mrs M Fisher

### PSHE Coordinator

Mrs Price

### Student Support

Mr M Whiddett—Student Support Manager;  
 Deputy Designated Safeguarding Lead  
 Mrs A Martin – Deputy Student Support Manager

### SLT

Mrs E McClatchie —Senior Pastoral Manager  
 Mr D Bibby — Assistant Headteacher;  
 Designated Safeguarding Lead  
 Mrs J Cooper – HOY Y11, Assistant Headteacher;  
 Deputy Designated Safeguarding Lead

## ASSEMBLY ROTA AUTUMN TERM 2020

Week beginning	SPIRITUAL, MORAL, SOCIAL, CULTURAL THEME <i>British values</i>
31/08/2020 A	Welcome back - Ready, Respectful, Safe and positive. Revisiting the behaviour code <i>All British Values</i> <i>Democracy, Rule of law, Individual liberty, Mutual respect, Tolerance</i>
7/09/2020 B	<u><a href="#">Link to PSHEE Healthy lifestyles</a></u> New beginnings/Target setting/ reflection/ <b>mental health</b> / Failing/resilience
14/09/2020 A	Bike ability and safety <i>Individual liberty, Mutual respect</i>
21/09/2020 B	<u><a href="#">Link to PSHEE - Student council elections</a></u> <b>British values- democracy</b>
28/09/2020 A	International day of languages 26/9/19 <b>CULTURAL THEME- Individual liberty, Mutual respect, Tolerance</b>
5/10/2019 B	<u><a href="#">Link to PSHEE - Healthily lifestyles</a></u> - Mental Health day 10/10/20)
12/10/2019 A	Black History month (October) <i>Respect and Tolerance British value</i>
19/10/2019 B	<u><a href="#">Link to PSHEE Healthily lifestyles</a></u> County lines – awareness/ links to drugs/crime <b>PREVENT/ Rule of law</b>

If you have any queries regarding PSHE please email:

[pshe@edgbarrowschool.co.uk](mailto:pshe@edgbarrowschool.co.uk)

## RSE Policy

From Spring 2021, the teaching of Relationships and Sex Education (RSE) as well as Health Education becomes compulsory in secondary schools. Through teaching this in school, we aim to teach children and young people how to be safe and healthy, and how to manage their academic, personal and social lives in a positive way.

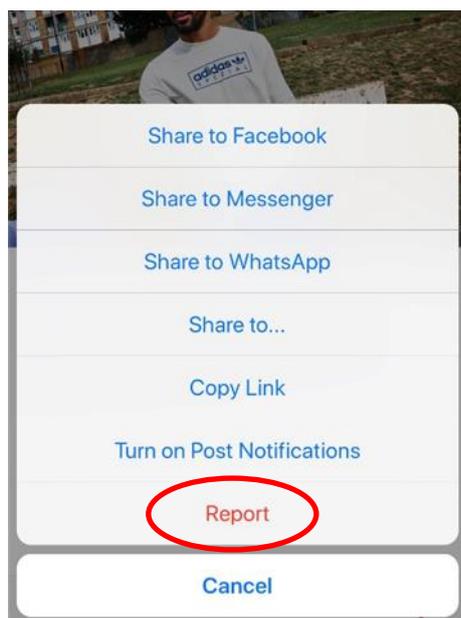
The framework aims to:

- Provide a framework in which sensitive discussions can take place.
- Prepare pupils for puberty, and give them an understanding of sexual development and the importance of health and hygiene.
- Help pupils develop feelings of self-respect, confidence and empathy.
- Create a positive culture around issues of sexuality and relationships.
- Teach pupils the correct vocabulary to describe themselves and their bodies.



## How to Report Issues on Social Media

- ◇ If you go onto CEOP online you can report issues that you see on social media.
- ◇ However, each individual app has a report button that also allows you to report abuse or anything that concerns you and they will investigate it.
- ◇ In school students are encouraged if there is an issue that they think puts themselves or a friend in danger, or someone you know has posted something inappropriate then they must tell someone they trust.



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## A Parents' Guide to TikTok

- ◆ You need to be **13** to have an account on TikTok.
- ◆ Your TikTok feed highlights what is going on in your community and a separate 'For you' feed shows tailored recommendations for you.
- ◆ When you download the app **users can see all the content without creating an account** although they are not able to post, like or share anything until they've set up an account on the app.
- ◆ **By default all accounts are public** so anyone on the app can see what your child shares. However, only approved followers can send them messages.
- ◆ Users can like or react to a video, follow an account or send messages to each other. There is the risk that **strangers will be able to directly contact children** on the app.
- ◆ Children may be **tempted to take risks to get more of a following** or likes on a video so it's important to talk about what they share and with who.
- ◆ To delete an account you have to request a code from the app using a phone number.



### Safety features:

- ◆ TikTok has a **digital wellbeing element** which alerts users who have been on the app for more than 2 hours.
- ◆ You can turn on '**restricted mode**' to filter out inappropriate content on the app.
- ◆ **You can set your account to private.** With a private account, you can approve or deny users and limit incoming messages to followers only. Please note that even with a private account, your child's profile photo, username, and bio are still visible to all users on the platform.