

Edgbarrow School

Key Stage 3 Physical Education



Curriculum Intent

In PE we aim to develop the skills for ALL young people to become holistic learners whilst improving physical literacy and supporting physical, mental & social well-being as well as inspire a love of sport and lifelong participation.

O What am I studying this year and how and when will I be assessed?

Knowledge & Skills	Time of Year	Assessment	Homework
The aim for the sequencing within PE, in general, is for Year 7 to learn and develop the core skills. Advanced skills will be learned and developed during Year 8. In Year 9, students will be taught tactics, concepts and principles. The main focus topic areas for each lesson will relate to the 5 skill areas and gameplay that are associated with the GCSE specification. Students will be assessed against the ME in PE format to develop holistic learners.	Autumn, Spring & Summer Term	Assessed using ME in PE in 2 activities every half term. Grade reports	Although homework will not be set at KS3 we do recommend that you participate in
Invasion Games: Football, (Tag) Rugby, Basketball, Netball, Hockey Net/Wall games: Tennis, Badminton, Table Tennis, Volleyball Creative: Dance, Gymnastics			
Performing at Maximum levels: Athletics, Health and Fitness	Term	use an average	co-curricular clubs
Striking and Fielding: Cricket, Rounders, Softball		of these.	after school.
Problem Solving: Orienteering			
NB: you may not do ALL of the activities above			
Students will also follow a concept curriculum which runs			
alongside the activities listed above - Concept curriculum (CC)			
is an approach to curriculum design that moves away from			
subject-specific content and instead emphasises "big ideas" that span multiple subject areas or disciplines.			

Marking

Graded 1 - 9 in ME in PE

- -'Cognitive' (Thinking ME) The cognitive domain refers to tactics, mental capacity, decision making and evaluation.
- 'Physical' (Physical ME) The physical domain refers to the physical literacy and movements of the body.
- 'Social' (Social ME) The social domain refers to communications, teamwork and leadership.
- -'Affective' (Personal ME) The affective domain refers to emotions, behaviours, attitudes and motivation.
- 'Healthy' (Healthy ME) The healthy domain refers to the healthy choices and behaviours towards physical activity.

Concept Curriculum

Year 7 Personal Development; Year 8 Health and Wellbeing; Year 9 Leadership Skills

Students will demonstrate pride in their work by:

- Full participation in lessons
- Correct Edgbarrow PE kit
- Caring for equipment
- Respectful in the changing rooms
- Changed and to lesson promptly
- Attending co-curricular clubs