

AQA GCSE PE Revision Schedule 2023

Week	Week Starting	15 week plan Topics that are still left to teach	Revision topics				Notes/Questions to ask teacher
			Unit	Revision Topic (this will be covered in the 'Thursday' also running sessions)	Complete (Tick)	Rate the topic (high 5 – low 1)	
1	16-Jan	Unit 5 – Socio-Cultural Influences Engagement patterns, participation,	Applied Anatomy & Physiology	Skeletal System Pg no.3-5			
2	23-Jan	Unit 5 – Socio-Cultural Influences Commercialisation, Types of sponsorship & media		Muscular System Pg no. 6-8			
3	30-Jan	Unit 5 – Socio-Cultural Influences Technology		Cardiovascular System Pg no. 9-12			
4	06-Feb	Unit 5 – Socio-Cultural Influences Conduct, prohibited substances/methods		Respiratory System Pg no, 13-15			
5	13-Feb	Unit 5 – Socio-Cultural Influences Spectator behaviour/hooliganism, <u>Final NEA deadline</u>		Aerobic/Anaerobic Pg no. 16-19 Exercise/Effects of Exercise Pg no. 20-22			
6	20-Feb	Half-Term					
7	27-Feb	Unit 5 – End of topic test	Movement Analysis	Lever Systems			
8	06-Mar	Practical moderation window open 08/03/23 – Practical Priority session		Planes & Axes			
9	13-Mar	Unit 6 – Health, Fitness & Wellbeing Physical, Mental, Social Health & Fitness Sedentary lifestyles	Physical Training	Components of Fitness/Fitness Testing			

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10	20-Mar	Unit 6 – Health, Fitness & Wellbeing Obesity, Somatotypes		Principles of Training/Types of Training			
11	27-Mar	Unit 6 – Health, Fitness & Wellbeing Energy use, Nutrition		Injury Prevention/Warm-Up & Cool-Down			
12	03-Apr	Easter Holiday					
13	10-Apr						
14	17-Apr	Unit 6 – Health, Fitness & Wellbeing Nutrition and water balance	Sports Psychology	Skill Classification/Goal-Setting			
15	24-Apr	Unit 6 – End of topic test 27/04/23 – Theory Priority Session		Information Processing, Guidance & Feedback			
16	01-May	WTM Revision Exam Technique		Mental Preparation			
17	08-May	WTM Revision Exam Technique	Socio-Cultural Issues	Engagement Patterns/Commercialisation			
18	15-May	WTM Revision Exam Technique		Ethical & Socio-Cultural Issues			
19	22-May	WTM Revision Exam Technique	Health, Fitness & Well-Being	Health & Fitness/Energy Use, Diet & Nutrition			

Exam Dates

Component 1 – Weds 17th May (pm)

Component 2 – Thurs 8th June (am)