



University of Essex

What's really going on, **under** **the surface?**

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Why we are the way we are

Understanding human experience means looking not only at how we act and relate, but crucially also requires looking inside at what is going on below the surface. In our **BA Psychoanalytic Studies** you look at the psychological factors that influence our emotions, behaviours and relationships and shape our everyday lives.

Why do we tend to fall in love with certain kinds of people but struggle to relate to others? Why do we get stuck, or lose direction in life? What explains our stranger compulsions and desires? Why are some people prone to psychological illness while others seem to thrive in adversity?

To understand these and other issues you will learn psychodynamic concepts, applying them to individuals, relationships and organisations and, of course, you will study the pioneering works of Freud, Jung and Lacan.

You're taught by lecturers who have years of experience working directly with troubled individuals and groups in specialist settings. They draw upon academic traditions, the latest research in the field of psychoanalytic studies, and years of experience as teachers, psychotherapists, and therapeutic community practitioners.

Our Centre

We are ranked in the top 20 for research in the UK (Research Excellence Framework 2014) and have a 94% student satisfaction rate (National Student Survey 2014). Our researchers are recognised internationally for their work in the role of the unconscious mind in mental health, culture and society.

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BA Psychoanalytic Studies