

PSHE Curriculum intent: To education, inform and equip pupils with the knowledge needed to become conscientious, independent and accountable young adults, who are able to make well informed decisions.

Over the year you will cover three key units: Living in the wider world, health and wellbeing and relationships. Through these units we aim to allow students to consider their future and rights, ensure pupils understand how to look after themselves both physical and mentally and encourage discussion around healthy relationships.

| Year 7 | Year 8 | Year 9 | Year 10 | Year 11 |
|---|---|---|--|--|
| Living in the Wider World | Living in the Wider World | Living in the Wider World | Living in the Wider World | Relationships (H&WB) |
| Target setting and reflection Welcome to Edgbarrow British Values | Target setting and reflection British Values and Edgbarrow Social media awareness | Target setting and reflection Our Social Media impression Charity | Target setting and reflection Living in the real world Being British | Target setting and reflection British Values Black History Month |
| Personal Identity <i>Tutor activity: Black History Month</i> | The Economy <i>Tutor activity: Black History Month</i> | Online Safety <i>Tutor activity: Black History Month</i> | Black History Month | Sexual health and contraception |
| Careers Social media and its risks | Charity Growing up & Puberty | Gambling Careers | CV Preparation Social media V. reality | Pregnancy and abortion Family |
| Health and Wellbeing | Health and Wellbeing | Health and Wellbeing | Health and Wellbeing | Living in the Wider World |
| Healthy, balanced lifestyles | The importance of exercise | Options | Recognising poor mental health | Parenting |
| Personal hygiene | Substance misuse | Healthy and balanced lifestyles | The importance of exercise | Emotional Wellbeing |
| Substance Misuse | Healthy sleep | Substance misuse | Drugs and Alcohol | Substance use and seeking help |
| Mental Health awareness | Emotional Wellbeing | Dental Health | Substance use and influence | Managing Money |
| Charity | Digital Resilience | Mental Health | Marriage | |
| Relationships | Relationships | Relationships | Relationships | |
| Puberty | Developing relationships and image representation in the media | Sexual Orientation and Gender Identity | Ending Relationships | |
| Different types of relationships | Stereotypes | Relationships | Rape and consent | |
| Accepting others (LGBT) | More than friends | Consent | Types of abuse | |
| Bullying | Consent | CEOP | Sex and the media | |
| Our families | CSE | FGM | Contraception | |

