

PSHE & SMSC @ Edgbarrow

Issue 5

Dear Parents and Carers

Whilst we have found ourselves working online this term, it is important to us that the PSHE curriculum has still continued to be delivered by the tutors and through assemblies. This term Year 7, 8 and 9 are looking at Health and Wellbeing, while year 10 and 11 are focusing on Living in the Wider World. Throughout online learning Tutors delivered high quality lessons to allow students to fully explore these key areas.

Mrs Price
PSHE Coordinator

Parent/Carer Information Pamphlets

Below you will find links to our school Information Pamphlets, explaining key policies.

- ◆ [British Values](#)
- ◆ [Safeguarding](#)
- ◆ [Prevent Strategy](#)



How do we teach PSHE:

PSHE at Edgbarrow is taught in three units; living in the wider world, health and wellbeing and relationships. Throughout these core themes students are able to explore ideas and issues that they will experience in life, preparing and equipping them to make good decisions. To do this, students are exposed to scenarios, videos, debates and group work allowing them to share ideas and become informed and

conscientious citizens. PSHE is taught by form tutors fortnightly and in normal times, is also supported by Bracknell Forest run workshops which focus on substance misuse and sexual health. You can find an outline of our PSHE program on our [website](#).



What PSHE resources do we use?

As a school we use a variety of resources to inform and support our planning and teaching of PSHE. Below are some examples of both the resources and how we have used them in school.

Click on the links for more information.



PSHE Association - The PSHE association provides a wide range of resources and training that is key in supporting our planning and teaching of PSHE at Edgbarrow. The association provides high quality lesson resources, particularly on Mental Health and Drugs and Alcohol education, reflecting the new RSE framework. The association also gives us access to other PSHE association approved resources which we regularly use. An example of this is Med Way resources which provide lessons focused on RSE (Relationships and sex education).

JIGSAW- We have used Jigsaw resources to plan lessons to support students in returning to school after lock down. Jigsaw provide resources which provide students with appropriate ways to reflect on Covid-19 and the impact it is having on people's lives.

RED CROSS- This year we have use used Red Cross resources to inform our teaching of Black Lives Matter. We are hoping to use more of their resources moving forward, particularly when looking at first aid and allergies.

BANK OF ENGLAND- The Bank of England have produced great resources to help students better understand the economy. So far, we have used these resources with year 8 and look forward to using more of these ideas with other year groups in the future.

CHILDLINE- Childline provide great factual information which is used to support our preparation for teaching PSHE.

Relationships and Sex Education

RSE (RELATIONSHIPS AND SEX EDUCATION) POLICY- From Summer 2021, the statutory RSE requirements will be taught at Edgbarrow School in line with the Department of Education. In many ways this is not a big change for us at Edgbarrow as much of the content was previously covered in our PSHE scheme of work, however we have adapted our lessons to ensure all the content will be covered. PSHE at Edgbarrow is taught using a spiral curriculum, this means students will often revisit the same topics each year, allowing students to develop a new layer of awareness of the topic appropriate to their age. The new RSE framework lists content that students should be aware of by the time they leave in year 11, that means the PSHE content delivered is always age appropriate.

You will find the [link to RSE policy here](#), which includes all the relationships, health & wellbeing topics that will be covered in school. If you have any comments, please [email Mrs Price](#) as we welcome parental feedback.



STONEWALL CHAMPION— As a Stonewall Champion school which reflects our ambition to support diversity both in PSHE and across the school. The school follows the local authority recommended transgender guidance from Cornwall, the guidance aims to support, inform and protect students.

A guidance booklet can be viewed from this [link](#).

Careers Education



We are continuing to offer careers guidance and signposting opportunities to students and would encourage them to participate in careers related activities to support their personal and professional development. Students in years 11 and above in particular would benefit from participating in virtual work experience and/or online webinars/ podcasts and insight days. These events are a great way for them to develop their skills further as well as interacting with the world of work. We are sharing these opportunities with them via google classrooms.

Our annual careers convention took place online this year and we have had just under 1000 visits to the page, which will remain open for students and parent/carers to view until the end of the Easter holidays. After visiting students can contact our Careers Manager if they have specific questions for any of our exhibitors.

All year 11 students will have received a careers guidance appointment either in school or via the telephone by the end of April. We will be looking at supporting students in other year groups after Easter and will also be delivering careers workshops to year 6 students in some of our local primaries.

We recently ran a competition in school to create a school careers identity, Year 7s were invited to take part, the winner was Sophia Westmore, the winning design is above this article in the top right-hand corner.

Karen Robinson
Careers Manager

School Policies

Our Pastoral school policies referring to safeguarding, bullying, social media use and data protection can be found on the [school website](#). If you have any further questions about any policies please contact Mr Bibby, Assistant Headteacher.

