



## OPTION SUBJECT GCSE PHYSICAL EDUCATION

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| <b>Examination Board</b>  | <b>AQA - Graded 1 - 9</b>  |

Those pupils wishing to opt for GCSE PE will have 5 periods of PE per fortnight, 2 practical and 3 theory in addition to their 2 hours a week of Core PE.

The GCSE PE course is divided into two areas:

1. Practical performance 30% of total marks
2. Analysis and Evaluation of Performance 10% of total marks
3. Written paper 60% of total marks

### Practical Aspects

All pupils will follow many different practical activities through Years 10 and 11 including hockey, basketball, badminton, athletics and tennis, their best three activities will be credited for their exam. They will be assessed on:-

1. Performance of individual and group skills
2. Application of skills in the activity situation
3. Knowledge of rules and regulations
4. Ability to analyse and improve performance
5. Ability to undertake and evaluate a safe health promoting exercise/training schedule.

Any pupil performing at a high level in an activity or sport outside of school is able to show that sport as part of their assessment. For example, we have had several pupils who horse ride to a high level outside of school who were credited with a horse riding grade which contributed to their final GCSE grade.

Practical work will be continually assessed over the two years of the course, with a practical moderation at the end.

### Theoretical Aspects

The theoretical element of the course is divided into 6 sections over 2 papers:-

Paper 1: The human body and movement in physical activity and sport

This includes the topic areas; Anatomy and Physiology, Movement Analysis and Physical Training

Paper 2: Socio-cultural influences and well-being in physical education and sport

This includes the topic areas; Sport Psychology, Socio-cultural influences and Health, Fitness and well-being

This is assessed through 2 exams at the end of the course, each exam is ninety minutes long. GCSE PE is an exciting and enjoyable course, however it is essential that pupils have a determined approach to both the practical and theoretical aspects covered over the two years of the course. The theoretical element has a significant Science (Biology) content and it would therefore be beneficial to any pupil considering the course to have a keen interest in this area.

Pupils opting for GCSE PE should have an outstanding record of practical participation in PE lessons and should be enthused by physical education and sport.

***Please note that pupils cannot choose both GCSE PE and the Cambridge National in Sport Science.***